



Goal Post Policy

Each year there are reports from around the country of injuries and fatalities resulting from soccer goal posts falling on children. Sadly, these accidents are often the result of children “playing” on goal posts and tipping them over and crushing themselves or another player. While there are inherent dangers in any youth sporting activity, the Arlington Soccer Club (ASC) has implemented this policy to minimize the risk of such accidents to our players.

1. A sandbag or other weighted bag will be used to support goal posts. Coaches should make sure that these bags rest over the goal’s back base cross bar whenever goal posts are in use.
2. The last Arlington team using a field on any practice or game day will be responsible for moving the goal posts. ASC coaches are responsible for ensuring that goal posts are moved to a side fence, or if no fence is available, that the two goals are placed “mouth-to-mouth” to minimize the risk of the goals tipping over.
3. An exception to moving goals after practice will be on Fridays preceding Saturday games.
4. No child or adult shall be permitted to “hang” on any goal post. Coaches shall immediately address and reprimand, if necessary, such a player, parent, or coach hanging on a soccer goal. Coaches shall also speak with visiting team players and coaches if a visiting player is found hanging on a goal post.
5. All non-ASC organizations that have been granted permission to use ASC goals will be required to agree to abide by this policy, distribute the policy to their coaches, and sign a waiver releasing the ASC from any liability claim resulting from an accident to the non-ASC player, coach, or opponents.
6. The ASC shall not be responsible for any injury resulting from the unauthorized use of ASC goal posts, properly secured and stored according to this policy.